



september *newsletter*

Fall Classic set for Labour Day Weekend

A purse of \$40,000.00 will be given away to anglers this coming weekend in Red Lake, as a full field of 140 teams compete in the 15th annual Red Lake Fall Classic!

The first flight starts at 7:00 a.m. And subsequent flights leave 15 minutes apart.

Teams come from all over Northwestern Ontario and beyond to take part in this popular and well run fishing tournament.

The Red Lake Fall Classic has received tremendous support from corporate sponsors and local merchants and organizations.

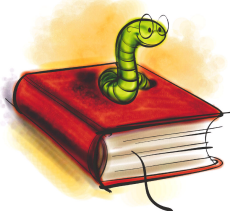
Without this support and without the dedication and commitment of the Committee, the event would not take place.

Plan to be at the Government Dock in Red Lake for the daily weigh-ins and to cheer for your favourite team.

Watch the excitement of the crowd when the "Big Fish" is landed!

For more information on the tournament and a listing of the winners, check out the website at www.redlakefallclassic.com

The Touring Region welcomes all fishermen to Red Lake and wishes them good fishing!



School's In!

The 2007-2008 school year officially starts on September 5, 2007. Residents are cautioned to be extra cautious when driving in school zones. Please do your part to help keep our children safe!



Annual Terry Fox Run Scheduled for September 16

“If you’ve given a dollar, you are part of the *Marathon of Hope.*”

- Terry Fox, 1980

Before Terry died, he knew that an annual event would be held to commemorate his *Marathon of Hope*. It would be called, appropriately, The Terry Fox Run.

The first Terry Fox Run in 1981 attracted 300,000 participants across Canada and raised \$3.5 million. To date, more than \$400 million has been raised worldwide for

cancer research in Terry's name.

Each year, thousands of volunteers organize Terry Fox Run events in Canada and around the world. In Canada, the annual Terry Fox Run is held every September, usually on the second Sunday following Labour Day. In countries outside Canada, the Run is organized at a time that is convenient for organizers.

The Run is a non-competitive event where people get together as individuals, families and

groups to raise money in Terry's name. It is a day of celebrating Terry's legacy and helping to keep his dream of a cure for cancer alive.

There is no entry fee and no prizes are awarded, although a certificate of appreciation is given when participants complete their journey.

Red Lake's Run will start at the Community Centre at 1 p.m. Pledge sheets are available at the Centre. Participants can opt to complete a 5km or 10km run.

Fall ... a time for “chores”

For some reason, the word "chore" has a spine-shivering connotation to it. A "chore" doesn't seem to be something that's pleasurable. It's one more thing that you are required to do. Like making your bed, making sure you don't leave toothpaste in the sink, or washing your hands before you eat, when spitting and rubbing them on your pants won't do, when you were living with your parents.

Gardening "chores" never conjure up something pleasant or something you are just so thrilled to get out of the house and do. Chores equate to work, plain and simple! Now, one can look at chores as work where the reward is the satisfaction that comes with contentment this fall and readiness next spring. Or just as work that few appreciate.

Fall is the season of chores. It's essentially the month of getting ready for next year while finishing up this year. So, you have the chore of cleaning up the mess of all your spring and summer labours. You could leave it, and some of it will disappear by spring. You could move and let someone else worry about it.

A good deep snow will cover a lot of it over. That is, until the snow melts and you see an even worse mess. Garden gloves can keep the slimy stuff plants seem to be reduced to at this time of year off your fingers, and it's not like it will kill you. It just involves a lot of cutting, pulling and carrying the debris someplace, or stuffing it into buckets or bags.

Raking leaves seems more chore-oriented than a fun day at the beach. You rake and rake and rake, and the leaves still keep coming. One of the last chores is cleaning all the tools and putting them away. Like anything else ... the satisfaction comes when the job is finished ... approach it with a sense of humour ... after all, you could be shoveling snow!

How outdated is your medicine cabinet?

Ready to do some fall house cleaning? Not in your closet or cupboards, but in your medicine cabinet. How many outdated medications lurk behind those mirrored doors?

If you wouldn't drink milk that was two months past its expiration date, why would you consider taking medication that was outdated? Over time, the chemical makeup and potency of medications changes.

Taking outdated medications may also mean you are taking a pill that is not going to help you. Many medications become ineffective past their expiration date. Heat, cold, and moisture also can affect a medication's potency. That's why the bathroom medicine cabinet may not be the best place to store your medications. And it's probably not the safest place to keep medications away from children. Even if your medicine cabinet is "high up," children are inquisitive and avid climbers.

They can easily reach a cabinet by climbing from the toilet (or other convenient object) to the sink and thus reach the cabinet.

Create a child-proof area that can be locked. Keep medication lids tightly closed. A child-resistant cap is meaningless if not properly fastened after each use.

Woodland Arts Festival planned for Red Lake

The Red Lake Regional Heritage Centre, in collaboration with First Nations organizations, artists, teachers, and interested citizens, is planning a major celebration for July 4, 5 and 6th, 2008. Entitled the **Red Lake Woodland Arts Festival: A Tribute to Norval Morrisseau and the Woodland Artists**, the festival will reunite the Woodland artists that emerged from the Red Lake area with other artists, art teachers, historians, writers, curators, collectors, art gallery owners, and anyone else who played a role in launching and supporting the art movement.

The festival will give Morrisseau followers an opportunity to share stories about the great artist, and to tour some of the places where he painted some of his early works. Hailed as Canada's most important artist of all time, Morrisseau lived in the Red Lake area from 1959 until the mid 1970s and painted many of his early works in our community. Some of those paintings were acquired by leading art institutions around the world, while some can still be found in homes in the area.

The festival will also honour the artists who founded the Triple K Cooperative in the 1970s, a silk screening operation which operated for 10 years in the former Panis Productions building on Red Lake's Howey Street. Some of the members of the co-op took part in prestigious international art exhibitions and their art continues to be in demand today. Red Lake was the launching pad for many Woodland artists and this will be the first time that they will be recognized locally. The festival will also provide opportunities for emerging local artists to meet successful artists and to learn from them.

Raising both local and out-of-town awareness about Red Lake's incredibly rich art history and identifying cultural tourism opportunities that will benefit the community are also central goals for this festival.

Some of the planned activities include: Art fair; Traditional feast; Drumming ceremonies; Guided Historic art tours (McKenzie Island, Cochenour); Art workshops & art camps for children & adults; Special exhibit on Morrisseau and Woodland Artists at the Heritage Centre; Lectures; Artist reunions and much more!

What's Happening this Month!

Sun	Mon	Tue	Wed	Thu	Fri	Sat
26	27	28	29	30	31	1 Fall Fair: Legion 15 th Annual Fall Classic Catch & Release Walleye Tournament
1 Fall Fair: Legion 15 th Annual Fall Classic Catch & Release Walleye Tournament	3 LABOUR DAY!	4	5 SCHOOL STARTS 7:00 – 10:00 p.m. BINGO	6	7	8
9	10	11	12 7:00 – 10:00 p.m. BINGO	13	14	15
16 1 p.m. – 4 p.m. Terry Fox Run	17	18	19 7:00 – 10:00 p.m. BINGO	20	21	22 10 a.m.-6 p.m. Ear Falls Fundraising Golf Tournament
23	24	25	26 7:00 – 10:00 p.m. BINGO	27	28	29
30	1	2	3	4	5	6